Sign up for CalFresh today!

BETTER FOOD FOR BETTER LIVING

If your student... is eligible for free/reduced price meals through the national school lunch program, your family is probably eligible for fresh food benefits using CalFresh.

Why apply for your CalFresh benefit?

- Stretch your food dollar and use other disposable income on other household needs
- Improved health through access to fresh, seasonal, nutritious foods
- Decreased medical needs
- Reduced hunger for yourself and your family
- Support local farmers
- Grow your own food in a home or community garden

Photo credit: Lenka Vodicka
Did you know...if you make $4,418 a month or less for a family of four, you could qualify for up to $835 a month in CalFresh EBT dollars through Nevada County Social Services? You can buy healthy, nutritious, fresh, local, and organic foods with CalFresh at grocery stores, farmers markets, and select U-pick farms. You can also buy vegetable seeds and starts for your garden.

Apply for CalFresh today!
Contact any of the organizations listed below for more information or to assist you with your application. You may also sign up directly at www.BenefitsCal.com.

- **211 Connecting Point**: Dial 2-1-1 or 1-833-342-5211 and ask for Cal-Fresh Application Assistance.

- **Bright Futures for Youth**: (by appointment) Call 530-265-4311 or email ChristianB@bffyouth.org to schedule.

- **Gold Country Senior Services**: Call 530-615-4541 for application assistance for Senior Citizens.

- **Interfaith Food Ministry**: Drive-thru distribution every Monday, Wednesday and Friday from 10 am-12 pm: 440 Henderson St., Grass Valley, CA 95945. Email venuspm.ifm@gmail.com or call 530-273-8132 and leave a message.

- **Nevada County Department of Social Services**: 950 Maidu Ave., Nevada City. 530-265-1340.

- **Sierra Harvest**: (by appointment) Call 530-265-2343 or email info@sierraharvest.org to schedule.

If you have any questions about the CalFresh program, contact your eligibility team at the Nevada County Department of Social Services, or call their main number at 530-265-1340.