



CVT Plan Changes and Enhancements

A photograph of a diverse group of people in a meeting or classroom setting, with several individuals raising their hands. The text 'Consultative Accessible Transparent' is overlaid in large, white, sans-serif font.

**Consultative
Accessible
Transparent**

(Effective October 1, 2022)

2022/2023

PREFERRED PROVIDER ORGANIZATION (PPO) MEDICAL PLANS THROUGH ANTHEM BLUE CROSS, BLUE SHIELD OF CALIFORNIA AND AETNA

- **MDLIVE:** Members enrolled in a PPO High Deductible Health Plan (HDHP) plan who utilize MDLIVE telehealth services will not be charged coinsurance once their deductible has been met.
- **CVS Caremark:** CVT has adopted the Preventative Drug List through CVS Caremark. Members enrolled in a PPO HDHP will have access to an extensive list of the drugs at \$0 copay.
- **Behavioral Health:** PPO plans will cover Applied Behavior Analysis (ABA) Therapy.
- **Gene Therapy:** Members enrolled in an Aetna PPO plan who have been prescribed gene therapy will be required to work through the Gene-based, Cellular and other Innovative Therapies (GCIT) Network, which provides dedicated clinical support to members before, during and after a service. This program helps patients who have been diagnosed with certain genetic conditions that may be treated with the use of innovative FDA-approved GCIT products, such as Luxturna®, Spinraza® and Zolgensma®.
- **Surgical Centers of Excellence:** \$0 cost* share for PPO plan members who use a Carrum Health Center of Excellence. CVT is proud to announce our new partnership with Carrum Health, a Centers of Excellence network of world-class surgeons and surgical facilities. Carrum's expertise ensures patients get the most appropriate, highest quality care with no surprise medical bills. Carrum's industry-leading mobile app and team of Care Specialists guide patients throughout the surgery process, ensuring our members receive the best care, at the right time.

**For HDHP plans, CVT/Carrum must collect the federal minimum deductible*

- **Diabetes:** CVT has partnered with CVS Health to help members enrolled in a PPO plan with type-2 diabetes reach their health goals. This program plan provides 1:1 support from registered dietitians and registered nurses. Those who enrolled will receive a personalized nutrition plan, a digital app to share progress with their care team, meal-planning tools, a Bluetooth glucometer, scale, and blood pressure cuff, along with digital coaching and strategies for fostering new healthy habits.
- **MinuteClinic®:** No cost services* available to members enrolled in an Aetna PPO plan, MinuteClinic® locations are walk-in clinics inside select CVS Pharmacy® stores. MinuteClinic® locations offer a broad range of services to keep CVT members healthy. MinuteClinic® health care providers treat and diagnose a variety of illnesses, injuries and conditions at low-cost, and in some cases, no-cost. Open seven days a week, including evenings and weekends, members can schedule appointments online. And for even more convenience, prescribed medications can be picked up on-site at the CVS Pharmacy.

**For HDHP plans, MinuteClinic® must collect the federal minimum deductible*

EXCLUSIVE PROVIDER ORGANIZATION (EPO) MEDICAL PLANS THROUGH SUTTER HEALTH | AETNA

- **MDLIVE:** Members enrolled in an EPO HSA plan will not be charged coinsurance for telehealth services once their deductible has been met.
- **CVS Caremark:** CVT has adopted the Preventative Drug List through CVS Caremark. Members enrolled in an EPO HSA plan will have access to an extensive list of drugs at \$0 copay.
- **Behavioral Health:** EPO plans will cover Applied Behavior Analysis (ABA) Therapy.
- **Gene Therapy:** Members enrolled in an EPO plan who have been prescribed gene therapy will be required to work through the Gene-based, Cellular and other Innovative Therapies (GCIT) Network, which provides dedicated clinical support to members before, during and after a service. This program helps patients who have been diagnosed with certain genetic conditions that may be treated with the use of innovative FDA-approved GCIT products, such as Luxturna®, Spinraza® and Zolgensma®.
- **Surgical Centers of Excellence:** \$0 cost* share for EPO plan members who use a Carrum Health Center of Excellence. CVT is proud to announce our new partnership with Carrum Health, a Centers of Excellence network of world-class surgeons and surgical facilities. Carrum's expertise ensures patients get the most appropriate, highest quality care with no surprise medical bills. Carrum's industry-leading mobile app and team of Care Specialists guide patients throughout the surgery process, ensuring our members receive the best care, at the right time.

**For the EPO HSA plan, CVT/Carrum must collect the federal minimum deductible*

- **Diabetes:** CVT has partnered with CVS Health to help EPO plan members with type-2 diabetes reach their health goals. This program plan provides 1:1 support from registered dietitians and registered nurses. Those who enrolled will receive a personalized nutrition plan, a digital app to share progress with their care team, meal-planning tools, a Bluetooth glucometer, scale, and blood pressure cuff, along with digital coaching and strategies for fostering new healthy habits.
- **MinuteClinic®:** No cost services** available to members enrolled in a EPO plan, MinuteClinic® locations are walk-in clinics inside select CVS Pharmacy® stores. MinuteClinic® locations offer a broad range of services to keep CVT members healthy. MinuteClinic® health care providers treat and diagnose a variety of illnesses, injuries and conditions at low-cost, and in some cases, no-cost. Open seven days a week, including evenings and weekends, members can schedule appointments online. And for even more convenience, prescribed medications can be picked up on-site at the CVS Pharmacy.

***For the EPO HSA plan, CVS must collect the federal minimum deductible*

HEALTH MANAGEMENT ORGANIZATION (HMO) MEDICAL PLANS THROUGH KAISER PERMANENTE, ANTHEM BLUE CROSS AND BLUE SHIELD OF CALIFORNIA (ACCESS + AND TRIO)

- There are no changes to the plan benefits.

DENTAL, VISION, AND GROUP TERM LIFE/AD&D THROUGH DELTA DENTAL, VSP and METLIFE

- **VSP:** New enhancements to VSP benefits include:
 - CVT members who are enrolled in VSP Plan B (12-month exam, 12-month lenses and 24-month frame or contacts) and purchase contact lenses, will now be able to use the frame benefit the following year. Once the frame benefit is used, it will be available every other year, and contact lenses every year.***
 - Walmart/Sam's Club has been added to CVT's VSP network. This is intended to help with access to care in areas where VSP providers are limited. See your CVT benefit summary for further details.

****Note: The purchase of contact lenses will no longer require members to wait 24 months to purchase frames. If an employee purchases contact lenses, the following year they will be eligible to purchase frames. Once a frame is purchased, the frequency will be every 24 months, and contacts (or lenses for existing glasses) will be available the alternating 12 months. The frame will be available every two years and contacts or new lenses for glasses every year.*

- There are no changes to Delta Dental and MetLife plan benefits.

Not all of these plan changes and enhancements may apply to the CVT benefits offered through your school district/bargaining unit.