

Nurturing Parenting

8-week

Spring 2021 Virtual Seminar

WHO: Parents of Children Ages 2-12
Nevada County Residents

SEMINAR DATES: March 30 - May 25, 2021

LIVE ZOOM CALLS: Tuesday Nights, 7:00-8:15 pm
(off May 4)

ONE-ON-ONE: Coaching Call per family

VIDEO MODULES and HANDOUTS:

Sent weekly to your email

NO CHARGE to participants

For More Information or to Register:

(530) 268-5086 - akeeling@nevco.org



Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Nurturing Parenting is one of the few parenting programs in the world that is based on evidence from clinical research. For more than 35 years, Nurturing Parenting's easy-to-understand, practical strategies have been shown to help families in all types of situations.

- Reduce family stress.
- Create a family routine with ground rules that everyone knows and follows.
- Become a more confident parent.
- Enjoy a more harmonious family environment.

Put some great new strategies in your parenting tool box with Nurturing Parenting!

PRESENTER: Annie Keeling, Parenting Specialist, Nevada County Supt. of Schools
530-268-5086 - akeeling@nevco.org

www.nurturingparenting.com



Annie Keeling, MFA