The new California Health Education Framework (HEF) is here!

The California Health Education Framework (HEF) project aims to provide educators with tools to shift instruction related to health education content to more advanced, student-centered, teaching and learning practices through a collaborative Health Education Community of Practice.

A series of professional learning opportunities will be offered January through April 2021. The training includes both asynchronous and synchronous learning modules and will provide all of the information you need to get started implementing the new framework.

Nevada County Health Education Framework Rollout Informational Video

The series consists of five parts. One 30-minute introductory session on January 20th that will focus on the logistics of the professional learning series and four one-hour sessions January 27, February 24, March 24 and April 28 from 3:30 - 4:30 p.m. A stipend of $150 will be offered to the first 115 educators who complete the entire series!

Join us to learn all about the new California Health Education Framework (HEF), including:

- Why this framework is so important for the overall health of our students
- How the framework is relevant to our current situation with COVID 19
- Strategies to easily implement the framework at your site
- Ready to use engaging resources
- Collaborating with other educators to build your health education tool box

We encourage teams from districts and charter schools with grade level representatives.

REGISTER HERE: https://nevco.k12oms.org/2029-194920

Note: You will receive a "Pending" notification after registering, and once we have the Zoom link, we will be confirming your attendance and provide you with the Zoom link to the sessions.

The Deadline to Register is January 15, 2021.

Please feel free to contact Andrea Marks with questions at amarks@nevco.org.
Art Happenings

Nevada County Reads and Writes

*The Round House* by Louise Erdrich is now available at the Nevada County Libraries and your local bookstores. The Nevada County Superintendent of Schools have books sets to lend out to English classes county-wide.

Contact Kim Ewing, Arts Coordinator at kewing@nevco.org for more information.

Student Voices Campaign

CA Alliance for Arts Education’s Student Voices Campaign is an annual statewide creative arts challenge for students (grades 7-12) to make their voices heard. Outstanding art pieces will be selected and recognized in Spring 2021. This year’s theme: *How will YOU use creativity to impact your school/your community?* Deadline for submissions: Feb. 22, 2021. For more information see www.studentvoicescampaign.org

Poetry Out Loud 2021

Nevada County Arts Council presents Poetry Out Loud 2021. This program encourages students to learn about great poetry through memorization and recitation. Registration is now open. This year’s competition is virtual and the deadline for video submissions is February 1st, 2021. For more information please visit: www.nevadacountyarts.org/poetry-out-loud

Young at Art

Young at art is in fact happening in Spring 2021. It’s the largest youth arts exhibit in Nevada County! Begin collecting your favorite art projects and art pieces. School participation and installation begins first week in March, 2021.

Foster Youth Services

Independent Living Program

As our Independent Living Program (ILP) team wraps up this year, we were blessed to be able and deliver over 50 stockings, 6 pairs of handmade gloves and 6 food baskets to youth in our community. Twin Cities Church and their members prepared these items for us and our group is exuding with gratitude. We had a fantastic holiday party on our zoom class with over twenty participants. One of our students continued the tradition of reading “Twas the Night Before Christmas” and he blew our socks off.

We played a memory game, holiday trivia and guessed how many candy canes were in the jar. We were able to give out several raffle prizes including gift cards and holiday items. The ILP class mentors have provided such supportive mentorship during and outside of classes and they will be offering zoom check ins throughout the two-week holiday break. The Gingerbread house contest is in full swing and we will announce the winner soon.

Meet our amazing Foster Youth Services team: Morgan Welty, Helena Heinzelman, Melissa Balderston

NCSOS Foster Kinship Care Education (FKCE) Program introduces *The Nurtured Heart Approach—Transforming the Intense Child Workshop*. For more information contact Melissa Balderston at mbalderston@nevco.org
High School Enrollment

Nevada Union High School 2021-2022
Freshman Registration / Enrollment

Nevada Union will host four meeting dates in January, to go through the registration process for parents / guardians of incoming Freshman students, for the next academic year.

Dates:
- Monday the 11th 6PM
- Tuesday the 12th 6PM
- Tuesday the 19th 6PM
- Wednesday the 20th 6PM

Join Zoom Meeting
Meeting ID: 941 5590 3521 Passcode: 978956 One tap mobile +16699009128,,94155903521#,,,,,,0#,,978956#
US (San Jose) Dial by your location +1 669 900 9128 US (San Jose)

Incoming Freshman students will need to be registered in Nevada Union prior to selecting courses for next year.

Nevada Union Counselors will be working with the Middle Schools to set up meetings with individual families beginning in Mid-February through Mid-March to schedule classes for the 2021-2022 school year.

If you have had a student enrolled in Nevada Joint Union High School District either now or in the past, you will use your same login information.

If you do not know your login information from previous years, please be sure to contact the Helpdesk at 530-272-9998 prior to the meeting date you plan to attend.

Writing Competition

2021 Creative Writing Competition

Nevada County Superintendent of Schools is offering a Creative Writing Competition in place of our annual Writing Tournament. Each school is invited to submit one student work from each grade (7th and 8th) to compete in a county-wide competition.

Submission deadline is Wednesday, February 3rd.

Students are asked to write no more than 1,000 words in response to one of the following prompts:

1. Write about a character who makes a dramatic life change to pursue a goal they’ve always secretly wanted.
2. A package is delivered to your house with your name on it. Inside there is a magical book. Everything you write in it comes true!
3. Tell a story from the perspective of a pet.

For questions and/or a copy of the Competition Handbook, please email writingtournament@nevco.org.

Creative Writing

Submissions for future Nugget issues:
Please submit your request by the 15th of the preceding month for inclusion in the following issue.
Email: sromriell@nevco.org Back issues of The Nugget be found at The Nugget Newsletter.
# Quick Reference Calendar

## January Dates to Remember

<table>
<thead>
<tr>
<th>DATE</th>
<th>DESCRIPTION</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday January 11, 2021</td>
<td>McKinney Vento Quarterly Meeting</td>
<td>1:00-2:30PM</td>
</tr>
<tr>
<td>Monday, January 18, 2021</td>
<td>NCSOS Office will be closed in Observance of Martin Luther King Jr Day</td>
<td>8:00AM-5:00PM</td>
</tr>
<tr>
<td>Tuesday, January 19, 2021</td>
<td>KVMR 89.5 Radio Show with hosts Scott W. Lay and Kimberly Ewing Topic: TBD</td>
<td>6:30PM</td>
</tr>
<tr>
<td>Wednesday, January 20, 2021</td>
<td>California Health Education Framework (HEF) Training</td>
<td>3:30-4:30PM</td>
</tr>
<tr>
<td>Tuesday, January 26, 2021</td>
<td>Mathematics Community of Practice Monthly Meeting</td>
<td>3:30-5:00PM</td>
</tr>
<tr>
<td>Wednesday, January 27, 2021</td>
<td>California Health Education Framework (HEF) Training</td>
<td>3:30-4:30PM</td>
</tr>
<tr>
<td>Thursday, January 28, 2021</td>
<td>Science Community of Practice Monthly Meeting</td>
<td>3:30-5:00PM</td>
</tr>
</tbody>
</table>

## Future Dates to Remember

- **Tuesday, February 23, 2021 3:30-5:00pm**: Mathematics Community of Practice Monthly Meeting
- **Wednesday, February 24, 2021 3:30-4:30**: California Health Education Framework (HEF) Training
- **Thursday, February 25, 2021 3:30-5:00pm**: Science Community of Practice Monthly Meeting
- **Monday, March 8, 2021 1:00-2:30pm**: McKinney Vento Quarterly Meeting
- **Tuesday, March 23, 2021 3:30-5:00pm**: Mathematics Community of Practice Monthly Meeting
- **Wednesday, March 24, 2021 3:30-4:30**: California Health Education Framework (HEF) Training
- **Thursday, March 25, 2021 3:30-5:00pm**: Science Community of Practice Monthly Meeting
- **Tuesday, April 27, 2021 3:30-5:00pm**: Mathematics Community of Practice Monthly Meeting
- **Wednesday, April 28, 2021 3:30-4:30**: California Health Education Framework (HEF) Training
- **Thursday, April 29, 2021 3:30-5:00pm**: Science Community of Practice Monthly Meeting
- **Monday, May 10, 2021 1:00-2:30pm**: McKinney Vento Quarterly Meeting
- **Tuesday, May 25, 2021 3:30-5:00pm**: Mathematics Community of Practice Monthly Meeting
- **Thursday, May 27, 2021 3:30-5:00pm**: Science Community of Practice Monthly Meeting