As the 2018/19 school year comes to a close I wanted to thank each and every educator for the hard work they have put in to serve our students in Nevada County. It takes a team of teachers, classroom support staff, office staff, administrators, grounds and facilities crew, librarians, nurses, resource staff, and board members, working with parents to get the job done. Our students deserve nothing but the best and you deliver that every day. The Superintendent of Schools Office is proud to support you in this critical work.

We are already planning for the 2019/20 school year with several programs that we feel will help students and staff. The second year of our Universal Design for Learning teachers’ cohort will continue the great work they started this year to improve classroom learning. We are also planning to focus on the Social Emotional aspect of students for the countywide Professional Development Day on September 23rd. There will be a keynote speaker, and several other professional development opportunities planned throughout the year. School safety will continue to be a focus from our office with resources available to all our schools, public and private. Our Career Awareness Liaison will continue to reach out to schools and local business partners as we build this important avenue for work-based learning. And of course, we’re here to provide business services, special education programs, and a whole host of other student services.

With that, I wish you a restful and energizing summer.

Scott W. Lay
A note from Chris Espedal  
**NCSOS Director of School Safety**

As we come to the end of another school year, I am reminded of the importance of relationships! This busy time of year creates anxiety for some, enthusiasm for others. **What IF we ended our school year checking in on one another, both staff and students?**

My good friend, Phil Boyte, from Learning for Living, posted this quote today:

“What page of your story are you writing today? What kid are you encouraging? What staff member are you checking in with? What ways are you taking care of yourself, so you can continue to take care of others?

All of these single pages make up the story of your campus culture!”

*(School Culture by Design)*

Have a safe, healthy, and restful Summer!

---

A note from Marlene Mahurin  
**NCSOS TUPE Project Coordinator**

The Tobacco Use Prevention Education Program (TUPE) has been busy all year in our local schools. Middle and high school students throughout the county celebrated **Kick Butts Day** during March and April. **TUPE Peer Educators** shared information with their classmates about the health risks of tobacco, vaping and marijuana use. They also participated in a **Youth Advocacy Postcard Campaign**. Students filled out over 2,000 postcards that were mailed to the FDA and Representative Brian Dahle, asking them to support legislation that bans flavored tobacco products. As the vaping epidemic grows, youth are working hard to stop Big Tobacco from targeting them with appealing flavors.

Anyone interested in supporting legislation to ban flavored tobacco products can sign a petition at: [https://www.tobaccofreekids.org/get-involved/flavors-petition](https://www.tobaccofreekids.org/get-involved/flavors-petition)

TUPE also shared information about the health risks of smoking with younger children at the Safety Carnival at the Rood center in early May.

For resources about the health risks of vaping, tobacco and marijuana, visit the TUPE Website: [nevco.org/programs-services/tupe](http://nevco.org/programs-services/tupe)

More photos on page 6
Community Response Team (CERT) Training

Twenty-eight participants comprised of Bear River, Ghidotti and Nevada Union High School students recently completed twenty-two hours of training in the federally funded Community Emergency Response Team (CERT) training.

NCSOS Safety Director, Chris Espedal and former Nevada County Public Health Emergency Preparedness Coordinator, Patti Carter provided training in the following areas:

- CERT Operations
- Incident Command Systems
- Fire Safety
- Light Search and Rescue
- Medical Operations
- Disaster Psychology

Students were required to pass a written test and participated in a mock scenario for skills testing.
Teacher Induction—The North Coast Teacher Induction Program BTSA /CTIP

Susan Clarabut, Instructor

Working weekly with their mentors over the past two years, the following teachers have done a deep dive into California’s 6 standards for the teaching profession and examined and reflected on their own teaching practices. Some of the topics they have discussed and researched include classroom management and set-up, social media, Universal Design for Learning (UDL), behavioral supports, best practices for teaching special populations and EL students, trauma based instruction, assumptions and equity, diversity, and teacher ethics. For each of their four individual inquiries, the teachers have determined their own areas of growth within the 6 standards and gathered evidence of that growth. Most importantly, they have had a mentor who was there to support, reassure and celebrate with them.

Congratulations to the following teachers who have completed two years of induction and will be recommended to the Commission for Teacher Credentialing for clear credentials: Josie Andrews, Michelle Bacon, McKinzie Bates, Rebecca Bear, Andrea Dahle, Michael Dunlap, Jennifer Foote, Brandi Fowler, Gabriela Gomez-Paiz, Julie Gregerson, Abigail Hedenland, Anne Jackson, Sara Keller, Marc Kochis, Ryan Love, Kelli Morris, Lindsey Nelson, Ryan Nestell, Alexis Olsen, Lauren Romney, Zach Wadman and Rachel Wegman. Teachers whose previous teaching experience allowed them to finish the program early include Casandra Frieden, Kristanne Heaton, Sara James and Chris Thibodeau.

Requirements for participation in the program include having a preliminary teaching credential and being employed as a teacher. Monthly meetings are held at NCSOS from 4-7pm.

Additional information on induction can be found on the North Coast School of Education site www.ncsoe.org

See the 2019-2020 BTSA/CTIP schedule below:

<table>
<thead>
<tr>
<th>DATE</th>
<th>GROUP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues. Sept. 3</td>
<td>Year 1</td>
</tr>
<tr>
<td>Thurs. Sept. 5</td>
<td>Year 2—Note day change</td>
</tr>
<tr>
<td>Tues. Oct. 1</td>
<td>Year 1</td>
</tr>
<tr>
<td>Wed. Oct. 2</td>
<td>Year 2</td>
</tr>
<tr>
<td>Tues. Nov. 5</td>
<td>Year 1</td>
</tr>
<tr>
<td></td>
<td>Year 2 seminar is online</td>
</tr>
<tr>
<td>Tues. Dec. 3</td>
<td>Mentor’s potluck (optional)</td>
</tr>
<tr>
<td></td>
<td>Years 1 + 2 are online</td>
</tr>
<tr>
<td>Tues. Jan 7</td>
<td>Year 1</td>
</tr>
<tr>
<td>Wed. Jan. 8</td>
<td>Year 2</td>
</tr>
<tr>
<td>Tues. Feb. 4</td>
<td>Year 1</td>
</tr>
<tr>
<td></td>
<td>Year 2 seminar is online</td>
</tr>
<tr>
<td>Tues. March 3</td>
<td>Mentor’s potluck (optional)</td>
</tr>
<tr>
<td></td>
<td>Years 1 + 2 are online</td>
</tr>
<tr>
<td>Tues. April 14</td>
<td>Year 1</td>
</tr>
<tr>
<td>Wed. April 15</td>
<td>Year 2</td>
</tr>
</tbody>
</table>

**Teacher Induction Program BTSA /CTIP**

All seminars are 4:00-7:00PM, held in the Training Room at the NCSOS office: 380 Crown Point Cir. Grass Valley

To learn more, visit North Coast School of Ed.
Professional Development

Cultivate Resilience

COUNTYWIDE PROFESSIONAL DEVELOPMENT DAY
MONDAY, SEPTEMBER 23, 2019

Nevada County Superintendent of Schools
is proud to offer the following:

AM Session:

BUILDING RESILIENCE IN STUDENTS
IMPACTED BY ADVERSE CHILDHOOD EXPERIENCES:
A WHOLE-STAFF APPROACH
Presenter: Co-Author Ricky Robertson

Summary: This workshop will help educators become more knowledgeable about how ACEs (Adverse Childhood Experiences) impact teaching and learning, incorporate instructional strategies that build resiliency, promote growth mindset, and develop social-emotional skills.

PM Session:

BUILDING DEFENSIBLE IEPs: A SELPA WORKSHOP

Locations and times TBD

Free Professional Resources For Educators Available!

Contact: amarks@nevco.org
Upcoming Events for New Sierra College Students

FAFSA and Dream Act applications are due on June 30. To support students in applying for financial aid, Sierra College will be hosting FAFSA / Dream Act workshops in building N1 leading up to the deadline.

Please email BStocker@SierraCollege.edu or call 274-5364 if you’d like to reserve a spot in a workshop.

- Thursday, June 6, 5-7pm
- Wednesday, June 19, 1-3pm

Registration is open for summer and fall classes at Sierra College. First time full-time college students are required to meet with a Sierra College counselor to create a Student Education Plan before registering for classes. If you have not yet met with a counselor, join Sierra College counselors and staff at a CAP (Career & Academic Planning) session this summer in N7-118. Choose your major, meet with a counselor, pick your classes, and find out more about our support programs and financial aid. Book your spot in a session by emailing BStocker@SierraCollege.edu or calling counseling at 274-5303.

- June 11: 9:00-11:00am
- June 25: 9:00-11:00am
- July 2: 12:00-2:00pm
- July 25: 12:00-2:00pm
Professional Development

**Code.org Computer Science Fundamentals**

Why computer science? Every 21st-century student should have the opportunity to learn computer science. The basics help nurture creativity and problem-solving and prepare students for any future career.

Why teach computer science in elementary school?

Code.org has developed elementary school curriculum that allows even the youngest students to explore the limitless world of computing. Courses blend online, self-guided, and self-paced tutorials with “unplugged” classroom activities that require no computer.

Code.org’s Computer Science Fundamentals consists of six courses aligned to grades K-5:

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course A</td>
<td>Kindergarten</td>
</tr>
<tr>
<td>Course B</td>
<td>1st Grade</td>
</tr>
<tr>
<td>Course C</td>
<td>2nd Grade</td>
</tr>
<tr>
<td>Course D</td>
<td>3rd Grade</td>
</tr>
<tr>
<td>Course E</td>
<td>4th Grade</td>
</tr>
<tr>
<td>Course F</td>
<td>5th Grade</td>
</tr>
</tbody>
</table>

Pre-reader Express Course

Express Course

For students new to computer science, each course begins with a grade-appropriate entry point and structured ramp-up of concepts. The progression of Courses A-F builds upon each other to ensure continuing students stay interested and learn new things. Students create computer programs that will help them learn to collaborate with others, develop problem-solving skills, and persist through difficult tasks. They will study programming concepts, computation thinking, digital citizenship, and develop interactive games or stories they can share.

**2019 SUMMER OF CS**

“Building the K-12 Pathway for Computer Science”

K-12 Teachers | Counselors | Administrators

June 17-21, 2019

9:00 AM - 4:00 PM

Sacramento County Office of Education

Conference Center

1661 Whitney St, Suisun City, CA 94585

No Cost to Attend

CsforCA and the Sacramento County Office of Education invite K-12 teachers, counselors, and administrators from across California to apply for Computer Science (CS) Professional Development in the Summer of 2019. The Summer of CS includes one-day, multi-day, and week-long opportunities to learn CS content and teaching practices, inclusive guidance techniques, and equitable implementation strategies. All six workshops are offered at no cost.

**Administrators Computer Science Implementation Workshop**

Do you need help implementing computer science in your school, district, or county?

Are you concerned about equity, access, and inclusion for all teachers and students?

Do you want to build a CS program that is high quality, scalable, and sustainable?

ACCESS, CsforCA and the Sacramento County Office of Education invite K-12 site and district administrators to attend the Summer of CS.

Tuesday, June 18, 2019

9:00 AM - 4:00 PM

Sacramento County Office of Education

Conference Center

1661 Whitney St, Suisun City, CA 94585

No Cost to Attend

Guidebook and lunch provided.

**Goals for Workshops:**

- Develop a plan for equitable CS implementation.
- Explore CS resources for your school/district.
- Understand teacher credentialing standards and other statewide policies.
- Collaborate with CS teachers, counselors, industry partners and lawmakers at the CsforCA CS Policy Luncheon.

Registration and more information may be found at www.summerofcs.org.

**Counselors For Computing Workshop**

CsforCA, Sacramento County Office of Education, and the National Center for Women & Information Technology invite middle and high school counselors to join the Summer of CS:

Tuesday, June 18, 2019

9:00 AM - 4:00 PM

Sacramento County Office of Education

Conference Center

1661 Whitney St, Suisun City, CA 94585

No Cost to Attend

Get information and resources you can use to set students on a path toward stable, rewarding and flexible computing careers that change the world! During the program, you will:

- Try new tools and coding
- Learn about career prospects in this fast-growing sector, and why employers want a large and diverse talent pool from which to draw
- Learn about changes in computer science education, including:
  - Local computer science education initiatives that lead to more course offerings
  - What new courses are like, and how they count toward graduation and preparation for postsecondary pathways
  - Why computer science is a fundamental literacy, no matter what your students plans.
- Meet technology professionals; learn about their jobs and how they found their way into computing
- Breakfast and lunch are included!
- Receive resource kits and cool swag!

Register at www.summerofcs.org!

Participating counselors receive free resources and cool swag.

Questions? Contact CsforCA@novel.org
Information regarding the free Summer Meals Program for children 18 & under:

Summer meals are open to all children 18 and under regardless of their school choice; no enrollment paperwork, identification or income verification is required.

To find a summer meals location, choose from these three options: text FOOD (or COMIDA for Spanish) to 877-877, dial 2-1-1 for city directories or visit http://bit.ly/CASummerMeals. These resources are updated weekly, so check back often to find new locations.

2019-2020 Free & Reduced Meal Program-Eligibility Guidelines for Nevada County schools which has been sent to local media and is posted on our website at http://nevco.org/school-lunch-program-guidelines-2019-2020/. It also includes a template for your schools (just fill in the highlighted areas).

For additional information, applications or templates you can use for back-to-school packets, please visit: https://www.cde.ca.gov/ls/nu/sn/eligmaterials.asp#nslp and for eligibility scales: https://www.cde.ca.gov/ls/nu/rs/scales1920.asp

Local Food News

Interfaith Food Ministry (IFM) is the first institution to step up to the Nevada County 20 by 25 Challenge. With the support of Sierra Harvest, the Nevada County Food Policy council is poised to launch the 20 by 25 Challenge. This challenge is an effort to help the county consume 20% “Whole-sum food by 2025.” Whole-sum food is defined as local (produced within 20 miles of where it will be served), community-based (within 20-120 miles), fair, ecologically sound, and humane. Currently, only 2% of the food that Nevada County residents consume, was grown or raised locally. The challenge aims to change that.

In April, IFM’s Executive Director, Phil Alonso sat down with Food Policy Council Manager, Stephanie Stevens, and Sierra Harvest Procurement Specialist, Lauren Scott to identify opportunities for sourcing local and organic produce. Less than a week after their initial meeting, IFM purchased nearly 750 pounds of organic kiwis from Wild River Marketing in Marysville. According to IFM staff, the kiwis were a popular addition for IFM clients and for some it was their first time trying the fruit!

Purchasing more local food can improve health outcomes in residents, bolster the local economy, and lower individual carbon footprints. Studies have shown that local economies benefit from local purchasing, what’s known as the “economic multiplier effect.” A research team from UC Davis published a study in 2016 that showed that dollars spent at a local, direct-market fruit or vegetable grower have twice the local economic impact when compared to large wholesalers.

Any organization or institution is invited to participate in the 20 by 25 Challenge by contacting Stephanie Stevens to establish a baseline. Stevens says, “Buying locally can be a learning curve, and we want to meet folks where they are. If they can get their local consumption from 0 percent to 1 percent, we still consider that a victory. There is no wrong way to participate in this challenge. We’re here to support residents and help them achieve their own goals.” Contact Stephanie at stephanie@sierraharvest.org for more information about the 20 by 25 Challenge.
Did you know... that families can use their EBT dollars at local Farmers’ Markets?

Grass Valley School District
Child Nutrition Program
Monthly Updates * School Lunch Menus
Nutrition and Education Information
* More Information

Dietary Guidelines for Americans 2015-2020
Healthy Snacks in School

CalFresh Food & the End of SSI Cash-Out

LEARN MORE HERE
Quick Reference Guide

CPR/AED/First Aid Skills Demo Check Class

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLASS DESCRIPTION</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed, June 5, 2019—CLASS IS FULL</td>
<td>CPR/AED/First Aid Skills Demo check</td>
<td>3:45 p.m. – 5:45 p.m.</td>
</tr>
<tr>
<td>Thurs, June 13, 2019—CLASS IS FULL</td>
<td>CPR/AED/First Aid Skills Demo check</td>
<td>3:45 p.m. – 5:45 p.m.</td>
</tr>
<tr>
<td>Tue, July 9, 2019</td>
<td>CPR/AED/First Aid Skills Demo check</td>
<td>3:45 p.m. – 5:45 p.m.</td>
</tr>
<tr>
<td>Thurs, July 25, 2019</td>
<td>CPR/AED/First Aid Skills Demo check</td>
<td>3:45 p.m. – 5:45 p.m.</td>
</tr>
</tbody>
</table>

The cost of the class is $45.00 and must be paid PRIOR to us sending you a link to the on-line course – we accept exact cash or check only. NOTE: the fee is non-refundable.

You can either stop by our office to pay or mail the check - payable to NCSOS.

Please do not mail cash.

Mail checks to: NCSOS 380 Crown Point Circle, Grass Valley, CA 95945 ATTN: CPR.

PARTNERS
Family Resource Centers
partnersfamilyresourcecenters.org

A PLACE WHERE NEVADA COUNTY FAMILIES GATHER FOR SUPPORT, INFORMATION, & FUN!
FREE SUPPORT FOR FAMILIES

Grass Valley
235 S. Auburn St.
530-279-4059

Penn Valley
10862 Spenceville Rd.
530-432-1118 x249

San Juan Ridge
18847 Oak Tree Rd.
530-292-3174

Volunteer tutors needed!

Submissions for future Nugget issues:

Have you something to share in future issues of The Nugget?
Please submit your request by the 15th of the preceding month for inclusion in the following issue.
Email: sshafran@nevco.org
Back issues of The Nugget be found at The Nugget Back Issues.
June (Trivia) Bug? - Looking Back

6/1 Superman Comic is published (1938)
6/1 Ed Sullivan's final show. (1971)
6/3 The Rolling Stones begin their first US tour. (1964)
6/4 China becomes the first to record a solar eclipse. (780 BC)
6/6 The first drive-in theater opened in Camden, New Jersey. (1933)
6/7 The United Colonies make a name change and become The United States. (1775)
6/9 Disney's Donald Duck makes his debut. (1934)
6/10 Dutch colonists settle on Manhattan Island (1610)
6/10 Benjamin Franklin flies a kite in a lightning storm and discovers electricity. (1752)
6/10 In Argentina, Laslo and Georg Biro file a patent for the ballpoint pen (1943)
6/11 The movie E.T. The Extra-Terrestrial was released (1982)
6/13 Pioneer 10 becomes the first satellite to leave the solar system. (1983)
6/14 The U. S. Army is formed. (1775)
6/14 Isaac Fischer Jr. patents sandpaper. (1834)
6/14 Walt Disney's Bambi is released (1942)
6/17 The Statute of Liberty arrived in New York City. (1885)
6/18 Women's rights advocate Susan B. Anthony is arrested for voting in Rochester, N.Y. (1873)
6/18 Sally Ride becomes the first woman in space. (1983)
6/19 After an 83 day filibuster, the Civil Rights act of 1964 is approved. (1964)
6/22 Doughnuts are created. (1847)
6/23 US Secret Service is created. (1860)
6/24 Henry VII is crowned the King of England. (1509)
6/27 The song "Happy Birthday to You" was first sung. (1859) Also, see Famous Birthdays
6/27 The Federal Savings and Loan Association is created. (1934)
6/29 Shakespeare' Globe Theater burns down. (1613)
6/30 French acrobat Blondin crosses over the Niagara Falls on a tightrope. (1859)