

EMERGENCY RESOURCES – 24 HOURS A DAY / 7 DAYS A WEEK

LOCAL CRISIS SERVICES

Behavioral Health Crisis Line
530-265-5811 (Nevada County)
888-801-1437 (Truckee)

Community Beyond Violence
Power-based Personal Violence
530-272-3467 (Crisis Line)
530-272-2046 (Support Services)

23/hr. Mental Health Urgent Care Center / Crisis Stabilization Unit
Emotional Distress / Walk-Ins OK:
10AM-10PM (Left of SNMH ER)
530-470-2409 (Crisis Phone)
530-470-2425 (CSU Office)

REGIONAL CRISIS LINES

California Poison Control Center
800-222-1222

California Youth Crisis Line
800-843-5200

NATIONAL CRISIS LINES

National Suicide Prevention Lifeline
1-800-273-8255/1-800-273-TALK
1-888-628-9454 (SPANISH)

Crisis Text Line
Text: START to 741-741

Friendship Line for Seniors
800-971-0016

SUICIDE PREVENTION & SUPPORT

LGBTQ Youth Suicide Hotline
Trevor Project Life Line
866-488-7386

National Suicide Lifeline
800-273-8255
800-799-4889 TDD

VETERAN'S CRISIS

Military Crisis Line
800-273-8255, Vets press #1
Text 838255

Sexual Assault Support
877-995-5247
Text zip code to 55-247

LOCAL HELP LINES

211 Connecting Point 24/7
Information and Assistance
Dial: 211
844-319-4119 – out of area

KARE Crisis Nursery
Respite for parents with children
0-6 years of age
530-265-6520

Nevada County Adult Protective Services 24/7
530-265-1217
888-339-7248

Nevada County Child Protective Services 24/7
530-273-4291
888-456-9380

Nevada County Child Support Services
866-901-3212

Senior Assistance Line
211
844-319-4119 – out of area

REGIONAL HELP LINES

California HIV/AIDS Hotline
800-367-2437
888-225-2437 TTY

California Missing Persons Hotline 24/7
800-222-3463

California Smokers Helpline
800-662-8887

Tobacco Snuff or Chew Helpline
800-844-2439

NATIONAL HELP LINES

FAMILY AND YOUTH SUPPORT

National Runaway Switchboard
800-786-2929

Thursday's Child/ National Call Center for Endangered Youth
Crisis counseling and intervention
800-872-5437/800-USA-KIDS

Wellspace Health Center
Mental health care and suicide hotline
800-273-8255

Rape, Abuse and Incest Hotline
800-656-4673

MEDICAL INFORMATION HELPLINES

Anthem Nurse Line 24/7
800-224-0336

Blue Shield of California Nurse Line 24/7
877-304-0504

California Health & Wellness NurseWise 24/7
877-658-0305

Baby Safe Haven 24/7
888-510-2229

Drug & Alcohol Treatment Hotline
800-662-4357

National AIDS & STDS Hotline
800-232-4636

National Eating Disorders Association
800-931-2237

SUBSTANCE AND SELF INJURY HELPLINES

Al-Anon/Alateen Meetings
530-268-4558

Alcoholics Anonymous Helpline 24/7
530-272-6287

Narcotics Anonymous Hotline
888-423-3428

Self Abuse Finally Ends
800-366-8288

Sex Addicts Anonymous
800-477-8191

VETERANS SUPPORT LINES

US Department of Defense – Sexual Assault Support
877-995-5247

Nevada County Veterans Services
530-273-3396

Welcome Home Vets, Inc.
530-272-3300

TRUCKEE

Community Recovery Resources CORR
530-587-8194

Community Collaborative of Tahoe Truckee
www.communitycollaborative.org

Project Mana
Food Bank and Food Resources
775-298-4161

Tahoe Forest Hospital
530-587-6011

Tahoe Safe Alliance 24/7
Domestic Violence & Sexual Assault Helpline
800-736-1060

Truckee Family Resource Center
530-587-2513

Truckee Police Department
530-550-2323

Truckee Transit
530-550-7451



AGING AND DISABILITY

FREED Center for Independent Living
530-477-3333

Gold Country Community Services
530-273-4961

Social Outreach Program
530-265-1421

CHILDREN AND FAMILY

Family Resource Centers
Grass Valley
530-273-4059
Penn Valley
530-432-1118 Ext. 249
San Juan Ridge
530-292-3174

Friends for Survival
Suicide Bereavement Support
916-392-0664

PFLAG
LGBTQ community support
530-274-1423

Sierra Nevada Children's Services _ SNCS
530-272-8866

What's Up? Wellness Check Ups
Mental Health Screening for Teens
530-268-5854

Nevada County WIC Women, Infants & Children
530-265-1454

EMERGENCY SERVICES

Emergency
911

Grass Valley Police Department
530-477-4600

Nevada City Police Department
530-265-2626

Nevada County Sheriff's Department
530-265-1471

Sierra Nevada Memorial Hospital
530-274-6000

EMPLOYMENT / TRAINING

Nevada County Business and Career Network
530-265-7088

CalWORKS Employment
530-265-1760

SUPPORT SERVICES

FOOD RESOURCES

Food Bank of Nevada County
530-272-3796

Interfaith Food Ministry
530-273-8132

HEALTH SERVICES

CLINICS – ACCEPT MEDI-CAL

Chapa De Indian Health Clinic
530-477-8545

Living Well Medical Clinic
530-272-6800

Sierra Family Medical Clinic
530-292-3478

The Clinic!
Citizens for Choice
530-521-3273 or
800-714-8151 24/7

Western Sierra Medical Clinic / Miners Family Health Center
530-274-9762

COMMUNITY

Suicide Prevention Task Force
Monthly Meetings
530-477-3333 Ext. 210

DRUG AND ALCOHOL

Common Goals
530-274-2000

Community Recovery Resources CORR
530-273-9541

Progress House
530-626-9240

MENTAL HEALTH

Anew Day
Free faith-based counseling
530-470-9111

Insight Respite Center
530-273-0631

NAMI Nevada County
Support for persons with mental illness and their families.
530-272-4566

Nevada County Behavioral Health
Adults 530-265-1437
Children 530-470-2736
www.mynevadacounty.com

Nevada County Victim/Witness Assistance
Counseling for victims and witnesses of crime.
530-265-1301

Sierra Family Therapy
Counseling Services
Medi-Cal Accepted
530-913-5054

MENTAL HEALTH (CON'T)

Spirit Peers For Independence & Recovery
Free peer based support
530-274-1431

Western Sierra Medical Clinic / Miners Family Health Center
530-274-9762
Accepts MediCal

HOUSING RESOURCES

Co-Living Network
530-615-1014

Hospitality House Utah's Place Shelter
530-271-7144

Salvation Army
Booth Family Center
530-272-2669

LEGAL SERVICES

Legal Services of Northern California - Nevada County
530-823-7560 (Auburn Office)
800-660-6107

Community Legal
530-265-3425

Nevada County Alcohol and Drug Court Programs
530-265-1437
www.mynevadacounty.com

Nevada County Mental Health Court
530-265-1437

Laura's Law
Assist access to mental health treatment for people with severe mental illness
530-265-1437

TRANSPORTATION

211 Connecting Point 24/7
Trip planning
211
844-319-4199 – out of area

Gold Country Lift
Paratransit services
530-271-7433
855-341-7433

Nevada County Transit Gold Country Stage
Fixed route transit services
530-477-0103
888-660-7433

