Promotora Services Offered at the Grass Valley PARTNERS FRC
By Project Director Marina Bernheimer
Safe Schools/Healthy Students

A Promotora is a community member with specialized training to provide culturally-appropriate mental health and social services to Latino families. Western Nevada County has a small but growing community of Spanish-speaking families. Our local Family Resource Centers (FRCs) provide targeted services to support Latino students and their families. Nohemi Meade is a Promotora whose home base is the Grass Valley FRC located next to Grass Valley Charter School.

Promotora services are funded from the Mental Health Services Act. These services are meant to help reduce mental health stigma in the local Latino community. By decreasing the stigma attached to mental illness, parents are more likely to seek support for themselves and their children when mental health needs arise. This goal is accomplished by the following services offered by Nohemi:

- Actively seeking out strong male leaders in the Latino community to come together and help plan community events.
- Connecting mental health with physical, emotional, and social health through monthly events that bring in local speakers and experts.
- Bringing a free series of salsa dance classes to engage people and including a presentation on mental health issues as part of the class.
- Creating social opportunities through celebrations of cultural events such as a Posada in December and King’s Day in January. These events promote connections and reduce isolation among community members.
- Funding through a federal grant to help enroll Latino community members in Medi-Cal and CoveredCA health insurance programs.

We know that our entire community benefits when we provide culturally appropriate services to all families, to ensure that they have the best opportunities to live healthy lives and contribute in positive ways to our community. Nohemi Meade can be reached at the Grass Valley FRC at 273-7077.

SYRCL Launches Water Conservation Program as Drought Threatens
Rachel Hutchinson
SYRCL River Programs Manager

The South Yuba River Citizens League’s (SYRCL) River Education Program is re-launching “The Great Water Mystery” – an interactive in-school assembly program that uses an engaging mystery story to teach children about water conservation. The goal of “The Great Water Mystery” assemblies is to encourage kids to incorporate simple water conservation techniques into their daily lives.

SYRCL will be producing over 30 assemblies over the next 10 months with funding from Nevada Irrigation District, City of Grass Valley, and Placer County Water Agency. This collaboratively funded program comes at a crucial time for water conservation as the state of California is in the middle of a severe drought. Californians are being asked to reduce their water consumption by 20%.

“SYRCL’s ‘Great Water Mystery’ starts a critical conversation with local students about where our water comes from, where it goes, and the power each of us has to...
News & Notes... continues on page 3
emergency preparations. They may be the first responders to any emergency event on a campus. These exercises solidify training, identify strengths, introduce new skills, highlight areas that can be improved, and build team coherence.

2014 Writing Tournament Results
By Bonnie Smart
Countywide Tournaments Coordinator

Forty-one seventh and eighth grade students from eleven local public, private and charter schools competed in the countywide Writing Tournament at Miners Foundry Cultural Center on January 16. The Nevada County Superintendent of Schools office coordinated the annual event which was sponsored by Miners Foundry. Students were judged on three styles of writing: expository Writing, Creative Writing, and Letter Writing. For the Expository Writing portion Del Clement of the Nevada County Sheriff’s Search and Rescue gave a presentation to the students regarding the Search and Rescue teams. Afterwards, the students were given time to write a paper on what they had heard and seen. For the Creative Writing portion students wrote compositions based on the prompt “My Pet Can Talk!” And finally, in the category of Letter Writing students were asked to write a letter to the Editor of The Union expressing their views on positive role models.

Winners were as follows:

**Sweepstakes:**
7th Grade: Leah Ellis – Seven Hills
8th Grade: Annie McDaniel – Mount St. Mary’s Academy

7th Grade:
Expository Writing:
First: Devin Anderson – Grass Valley Charter
Second: Keegan O’Sullivan – Chicago Park
Third: Leah Ellis – Seven Hills
Fourth: Sarah Shine – Union Hill
Fifth: Balam Shenachie – Ready Springs

Creative Writing:
First: Seanan Maher – Nevada City School of the Arts
Second: Elaina Hierman – Nevada City School of the Arts
Third: Sarah Shine – Union Hill
Fourth: Keegan O’Sullivan – Chicago Park
Fifth: Rylee Bautista – Union Hill
Brenna Chargin – Seven Hills

Letter Writing:
First: Leah Ellis – Seven Hills
Second: Seanan Maher – Nevada City School of the Arts
Third: Rylee Bautista – Union Hill
Fourth: Sarah Shine – Union Hill
Fifth: Kaitlin Herrera - Magnolia

8th Grade:
Expository Writing:
First: Annie McDaniel – Mount St. Mary’s Academy
Second: Jenna Krugler – Seven Hills

2014 Math Tournament Results
By Bonnie Smart
Countywide Tournaments Coordinator

One hundred and thirty of Nevada County’s top mathematic students from seventeen local public, private and charter schools recently competed in the countywide Math Tournament coordinated by the Nevada County Superintendent of Schools’ office. The two-day event was sponsored by Telestream, Inc. and Miners Foundry Cultural Center. Mike Schmidt, a retired Pleasant Valley School teacher, served as emcee. Competition consisted of Problem Solving, Geometry and Computation for grades 5 through 8 with Special Topics added for seventh and eighth graders.

After spending the morning testing their abilities, the following overall High Score Sweepstakes Winners were:

Grade 5: Sarah Day – Pleasant Valley
Grade 6: Sonora Slater – Clear Creek
Grade 7: Kelly Muir – Grass Valley Charter
Grade 8: Ryan Brott – Seven Hills

Other First Place Winners were:

Problem Solving:
Grade 5: Calais Poisson – Seven Hills
Grade 6: Sonora Slater – Clear Creek
Alexandra Zetterberg – Grass Valley Charter
Grade 7: Kelly Muir – Grass Valley Charter
Grade 8: Ryan Brott – Seven Hills

Geometry:
Grade 5: Sarah Day – Pleasant Valley
Grade 6: Zara Katzenstein – Grass Valley Charter
Maggie Pruett – Mt. St. Mary’s Academy
Sonora Slater – Clear Creek
Grade 7: Kelly Muir – Grass Valley Charter
Grade 8: Ryan Brott – Seven Hills

News & Notes... continues on page 4
**Trainings • Field Trips • Opportunities for All**

**Trainings**

#6 of Six Early Childhood Education Workshops: Positivity

On Wednesday, April 9, 6:30 p.m.-8:00 p.m. join presenter Machen MacDonald with the final workshop for this year. What a great way to end, with Positivity!

A light dinner will be provided. Individuals attending at least four of the six workshops will receive a $60 stipend. To register go to www.first5nevco.org or call Sandi at 274-5361. Video conferencing is available from Truckee but participants must register a minimum of one week prior to the workshop.

**Field Trips**

**Music in the Mountains**

Classics 4 Kids, the annual countywide 4th grade concert, takes place on Thursday, May 22 at the Nevada Theatre. This year’s concert will highlight the Musical Arts Quintet. This crossover string ensemble combines a fabulous mixture of classical, rock, tango and more. Concert times will be determined based on school sign-ups and bus availability. Busses are paid for by NCSOS. For more information or to signup contact Judy Nielsen at 478-6400 x208 or judy@nevco.k12.ca.us.

**InConcert Sierra Chamber Concert Tickets Free to Students**

InConcert Sierra offers free youth tickets to each of their chamber concerts, to introduce youth to classical music. Students must be accompanied by an adult. The April 20th concert features the Boston Brass. For more information call 273-3990 or go to www.info@inconcertsierra.org.

**Opportunities for All**

Cinderella Project for Junior/Senior Prom Attire & 8th Grade Graduation

The Cinderella Project provides formal attire to high school juniors and seniors for their proms and senior balls. Appropriate short dresses are also available for 8th grade graduation. Students must be referred by using the on-line form at www.NCCinderellaProject.us. Boutiques are held every Saturday, 9-4 April 5-May 10. Eighth graders are invited to the Boutique on May 10 only. To volunteer call 268-5172 or email nccinderellaproject@gmail.com.

**PARTNERS FRCs: ‘Art for Kids Sake’ Benefit Art Auction**

The school-based PARTNERS Family Resource Centers (FRCs) offer Nevada County students and their families a variety of services, including parenting classes, computer labs, lending libraries, clothes closets, food pantries, assistance in navigating the new healthcare programs, Behavioral Health therapists and much more.

ART FOR KIDS SAKE, the second annual benefit art auction for the FRCs, takes place Wednesday, April 23, in support of Nevada County’s three family resource centers. There will be a reception for the artists (student art) from 3:30 p.m.-4:30 p.m. The auction evening for adults takes place from 5:30 p.m.-7:30 p.m. The auction will raise funds for PARTNERS programs that serve all Nevada County families in need. For more info or to purchase tickets contact Kristin McGrew at 478-6400 x264 or kmcgrew@nevco.k12.ca.us.

**CPR & First Aid Training**

See the Quick Reference Calendar below for dates & times thru April 2014, including an EMSA class on June 7. CPR & First Aid Training is $30 and the EMSA class is $65. The EMSA class is especially designed to meet the requirement for child care providers and preschool employees. Reservations are first come, first serve. Fees must be prepaid to reserve a spot in the class. For further information call Faith 478-6400 x201 or register on-line at www.nevco.org/register.

**Finding Funding:**

**Tip of the Month**

InConcert Sierra offers a $1000 teen scholarship each Spring for a student to pursue musical goals. Deadline to apply is March 31, 2014. Apply online at www.inconcertsierra.org and find particulars by clicking on ‘education’.

**Quick Reference Calendar...**

Follows on page 5
Quick Reference Calendar...

Calendar events have been highlighted in previous editions of The Nugget and are listed in chronological order. Back issues of The Nugget, with additional information, can be found at www.nevco.org.

Nevada County Reads & Writes!

<table>
<thead>
<tr>
<th>Event Description</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Assemblies - STAR CROSSED LIVES: Teens &amp; Cancer</td>
<td>TUESDAY 3/25</td>
<td>BR 8:55 a.m. – 10:12 a.m.</td>
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<td>NU 12:27 p.m. – 1:21 p.m.</td>
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<tr>
<td>4th Annual Writing Competition Awards</td>
<td>WEDNESDAY 3/26</td>
<td>6:00 p.m. – 8:00 p.m.</td>
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<tr>
<td>Center for the Arts – Off Center Stage</td>
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Upcoming CPR Class Dates

<table>
<thead>
<tr>
<th>Class Dates</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>CPR &amp; FIRST AID</td>
<td>Thurs. 3/27</td>
<td>3 p.m. – 7 p.m.</td>
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<tr>
<td>CPR &amp; FIRST AID</td>
<td>Thurs. 4/17</td>
<td>3 p.m. – 7 p.m.</td>
</tr>
<tr>
<td>CPR &amp; FIRST AID</td>
<td>Sat. 4/26</td>
<td>9 a.m. – 5 p.m.</td>
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<tr>
<td>EMSA CPR &amp; FIRST AID</td>
<td>Sat. 6/7</td>
<td>9 a.m. – 9 p.m.</td>
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Early Childhood Education (ECE) Workshop Series

April 9: Positivity!

The Al Jennings Nevada County Science Fair

April 4: Applications Due
April 9: Project Drop Off
April 11: Science Fair Open for Public Viewing

SPECIFIC ACTIVITIES FOR SCIENCE FAIR DATES – April 9-10-11

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Wednesday April 9</td>
<td>9:00 a.m. – 5:00 p.m.</td>
<td>Project Set-Up</td>
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<tr>
<td>Wednesday April 9</td>
<td>5:30 p.m. – 8:30 p.m.</td>
<td>Science Fair Judging</td>
</tr>
<tr>
<td>Thursday April 10</td>
<td>8:30 a.m. – 3:00 p.m.</td>
<td>Science Fair Judging</td>
</tr>
<tr>
<td>Friday April 11</td>
<td>8:30 a.m. – 3:00 p.m.</td>
<td>Open to the public &amp; class field trips</td>
</tr>
<tr>
<td>Friday April 11</td>
<td>5:00 p.m. – 6:30 p.m.</td>
<td>Public viewing &amp; dinner for sale by Lady Elks</td>
</tr>
<tr>
<td>Friday April 11</td>
<td>6:30 p.m. – 7:00 p.m.</td>
<td>Awards Ceremony</td>
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<tr>
<td>Friday April 11</td>
<td>7:15 p.m. – 9:00 p.m.</td>
<td>Project Removal</td>
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