

PARTNERS Family Resource Center



www.partnersfamilyresourcecenters.org

Happy Valentine's Day



PARTNERS
Family Resource Center (FRC)
OPEN
 Monday, Wednesday, and Friday
 9:00 - 4:00
 Tuesday and Thursday
 8:00 - 4:00
(530) 432-1118 x249
 We are located on the Ready Springs School Campus
 10862 Spenceville Road, Penn Valley
 Turn right at the campus stop sign, we are located in the second portable.
We will be closed February 16th and 19th.

You are cordially invited to a series of

First 5 Family Cafés



Childcare Transportation
Snacks Raffle Prizes

- ◆ At the Family Cafe' we will share ideas about taking care of ourselves and our families
- ◆ Talk about how we can raise strong happy kids
- ◆ Meet new people, make friends, share ideas, get new ideas
 - ◆ have fun!

Mondays 10:00-11:30
February 5th-26th
March 12th

Sierra Nevada Children's Services 420 Sierra College Blvd. #100 Grass Valley
 Call Sandi or just come by 274-5361



SCHEDULE YOUR FREE TAX ASSISTANCE APPOINTMENT

Need some help filing your taxes this year? The AARP Tax Aide volunteers are gearing up to provide preparation services and electronic filing of both Federal and California tax returns for folks with low and middle income.

This service is free for Nevada County residents of all ages.

If you bought health insurance through Covered California and received Premium Tax Credits, you must file a return. Let AARP help! The Tax Aide group can handle most common personal tax returns, including those that have salary, interest, dividends, itemized deductions, pension, IRA withdrawals, capital gains, or stock transactions.

Tax appointments are available every Monday between February 5th and April 9th. Appointments are required. To schedule your appointment, call 211 (just dial 2-1-1 or 877-847-0499) and press 4.

Mother Daughter Support Group



Girls grades 6-8 and a mother, grandmother, or other special woman

Monday nights
February 5, 12, 19 & 26
5:00-7:15
At Ready Springs School
Dinner will be provided!
(from Blue Cow)



Please join us for this fun, free, four session support group which promotes a healthy sustaining bond between mothers and daughters.

To register call
Ready Springs School
Office 432-1118
or PARTNERS FRC
432-1118x249

Computers

- Internet
- Fax
- Copy Machine
- Homework



Stop by the FRC and get connected!



February 2018

- PARENTING CLASSES/ GROUPS
- FREE INTERNET USE
- CHILDREN'S CLOTHES CLOSET
- DIAPER PROJECT
- LENDING LIBRARY
- TODDLER PLAY AREA
- BEHAVIORAL HEALTH COUNSELING
- HEALTH INSURANCE INFORMATION
- STORY TIME
- REFERRALS
- COMMUNITY RESOURCES

FRC Story Time
Wednesdays

10:00am-11:30am

Welcoming parents and their children from birth to 5. Stories, music, crafts and playtime.

40 Assets Tip #20 – (Quality) Time at Home

Try to make a routine of spending face-to-face time with your children - interacting without electronics. Lots of listening and lots of conversations, occasionally interrupted by reading aloud, arts & crafts, home project, or moves in a board games. Some time every day, and at least one entire evening every week.

To learn more about the 40 Developmental Assets (Got40?), call 271-5617 or email info@Got40.org.