

FREE REGISTRATION

parent



Parent WORKSHOPS

NO COST

Tuesday
March 21st

Bullying & Social Relationships

Key Note Presentation:

Lina Hjord, MSW, Nevada County Public Health, Green Dot Facilitator

Lina graduated from the University of New England with her MSW. She has worked locally in the human services field in a variety of capacities, including: substance abuse counseling, mental health case management, suicide prevention, sexual violence prevention. Lina brings her expertise as a Green Dot facilitator; a program that emphasizes bystander interventions to prevent bullying and personal violence and promotes personal safety.

Special Guest Speaker:

Michael Stephens, Motivational Speaker, Certified Life Coach, Author of the upcoming book, "Weathering the Storm"

Guided by his internal compass, Michael was able to defy the odds and lift himself out of a toxic environment. As a teen surrounded by chaos and turmoil he possessed the clarity of mind to identify his circumstances and choose a new path for his future. Michael is inspired to lead by example, give to his community and teach that, "Your circumstances don't define you, but rather, you define your circumstances".

Parking
\$3

Sierra College Room N15 101 6-8pm
250 Sierra College Drive, Grass Valley

If you're a parent, educator or anyone with children in their lives, then this **free** workshop series is for you! Join us for an evening of **inspiration**, learning, and resources.

No-cost Registration Open

FREE online registration at www.corr.us/parent-u

Sponsored

