

Resources for Parents and Educators

How to have tough conversations with teens about drugs:

<http://www.drugfree.org/the-parent-toolkit/>

www.drugfree.org/MJTalkKit

Partnership for Drug Free Kids—You Tube Videos

<https://www.youtube.com/watch?v=FThKH0SEDel>

How to answer:

- “I’m only doing it once in a while, it’s no big deal”
- “would you rather I drink alcohol?”
- “Marijuana is a plant. It’s natural. How harmful could it be?”
- “Prescription Drugs are safe because they’re prescribed by a Dr. aren’t they?”



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Partnership for Drug Free Kids



Teen Stress: Information to help kids manage stress

- <http://www.drugfree.org/school-stress-stimulant-abuse-kids-know-parents-dont/>
- <http://www.drugfree.org/school-stress-10-ways-parents-can-help-kids-manage-stress/>



Local Resources:

Big Brothers Big Sisters of Nevada County

Provides mentoring relationships for children.

www.bigsofnc.org

The Friendship Club

A year-round comprehensive program, serving girls at risk between the ages of 10–18

www.friendshipclub.org

NEO – Youth Center

Open to youth age 11–18 the youth center is open Monday through Friday

www.ncneo.org

Coalition for a Drug Free Nevada County

Prevention Resources

www.drugfreenevadacounty.org

Community Recovery Resources

Offers adolescent early intervention and treatment services, on campus prevention and diversion programs.

www.corr.us